

WINTER RECREATION HANDOUT

2018/2019



TRAIL ETIQUETTE & SAFETY

PLEASE ENJOY THIS FREE MULTI-USE TRAIL SYSTEM RESPONSIBLY:

- Respect other trail users. Be courteous and yield right of way. **All users yield to grooming machines.**
- All multi-use trails are two-way traffic.
- Always stay on the right-hand side of the trail. Pass on the left.
- **Beware of blind turns!** Slow down for oncoming traffic. Speed limit in congested areas is 15 mph.
- Please avoid all roads or areas posted with closures or restrictions, or as shown as closed on map.
- Keep your dog leashed at all times. Pick up and dispose of any dog waste on and off trails
- Winter travel in the backcountry requires proper gear and appropriate clothing. Be self-sufficient!
- Use extreme caution when recreating at night. Be visible and use the brightest lights you can find.
- **Be friendly! Be safe! Have fun! Share the trail!**

WINTER BICYCLING GUIDELINES

- **FAT BIKES ARE ALLOWED:** On all motorized trails and on the SHADY REST MULTI-USE WINTER TRAIL NETWORK (see inset map). Fat bikes are NOT ALLOWED on any other non-motorized, nordic, or cross-country ski trails.
- Purpose-built fat bikes only: 3.8" wide tires or wider with a recommended tire pressure = 6-10 PSI
- Fat bikes yield to all other users.
- If you leave a rut deeper than 2 inches or can't ride in a straight line... it's too soft to ride!
- **FIRM SNOW** is the BEST SNOW. Conditions may deteriorate over the course of the day. Beware of icy patches.
- **EBIKES ARE NOT ALLOWED:** On any non-motorized trail, and are NOT allowed on the SHADY REST MULTI-USE WINTER TRAIL NETWORK (identified in inset map).

MOTORIZED



NON-MOTORIZED



TRAIL GROOMING REPORT -

Mammoth Ranger Station

<http://mammothweb.com/scripts/usfs/trailsreport.cfm>
(760) 924-5500

LODGING & VISITOR INFORMATION -

Mammoth Lakes Tourism www.VisitMammoth.com
1-888-GO-MAMMOTH (760) 934-2712

THE MAMMOTH LAKES TRAIL SYSTEM

The Mammoth Lakes Trail System website provides an online guide to winter and summer recreation. Visit www.mammothtrails.org or scan this QR code... This map, along with additional area maps, can be downloaded and viewed on iOS and Android mobile devices. Download the app at www.avenza.com/avenza-maps/



LAKES BASIN WINTER RESTRICTIONS

Closed to Bicycles Until April 17

The Mammoth Lakes Basin (including all snow-covered areas above the road closures on Lake Mary Road and Twin Lakes Road) is closed to over snow bike use during the period of operation of the Tamarack Cross Country Ski Center. Bikes are prohibited on groomed Nordic trails, on the Public Access Corridor, and everywhere else in the Mammoth Lakes Basin. Bikes will be permitted in the Mammoth Lakes Basin after April 17, 2018, subject to posted rules and regulations. Mammoth Mountain Ski Area will, however, partner with SEMBA, the Inyo National Forest, and other groups to carry out organized fat bike special events.

To report unsafe or illegal activities please call
(760) 873-2405

EMERGENCIES DIAL 911

INYO National Forest
MULTI-USE WINTER TRAILS



INYO National Forest MULTI-USE WINTER TRAILS 2018/2019



EASTERN SIERRA AVALANCHE CENTER

For the most recent information on snow conditions and avalanche activity, please visit the website:
www.esavalanche.org

WINTER SAFETY Know Before You Go!

- Check local weather conditions.
- Tell someone WHERE you are going, WHEN you are returning, and WHO you are going with.
- Know the risks and be prepared.

HYPOTHERMIA is a lowering of the inner temperature of the body resulting in rapid and progressive mental and physical collapse. Caused by exposure to cold and aggravated by wetness, wind, and exhaustion, untreated hypothermia can result in death.

WEATHER conditions can change rapidly.

- Obtain a weather report before your trip.
- Avoid traveling during heavy storms and whiteout conditions.

AVAILANCES may occur at any time during the winter.

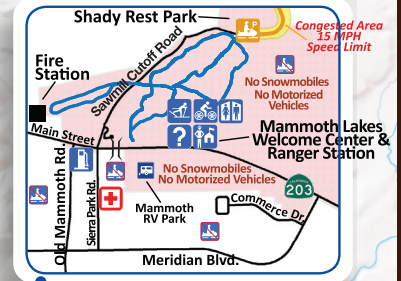
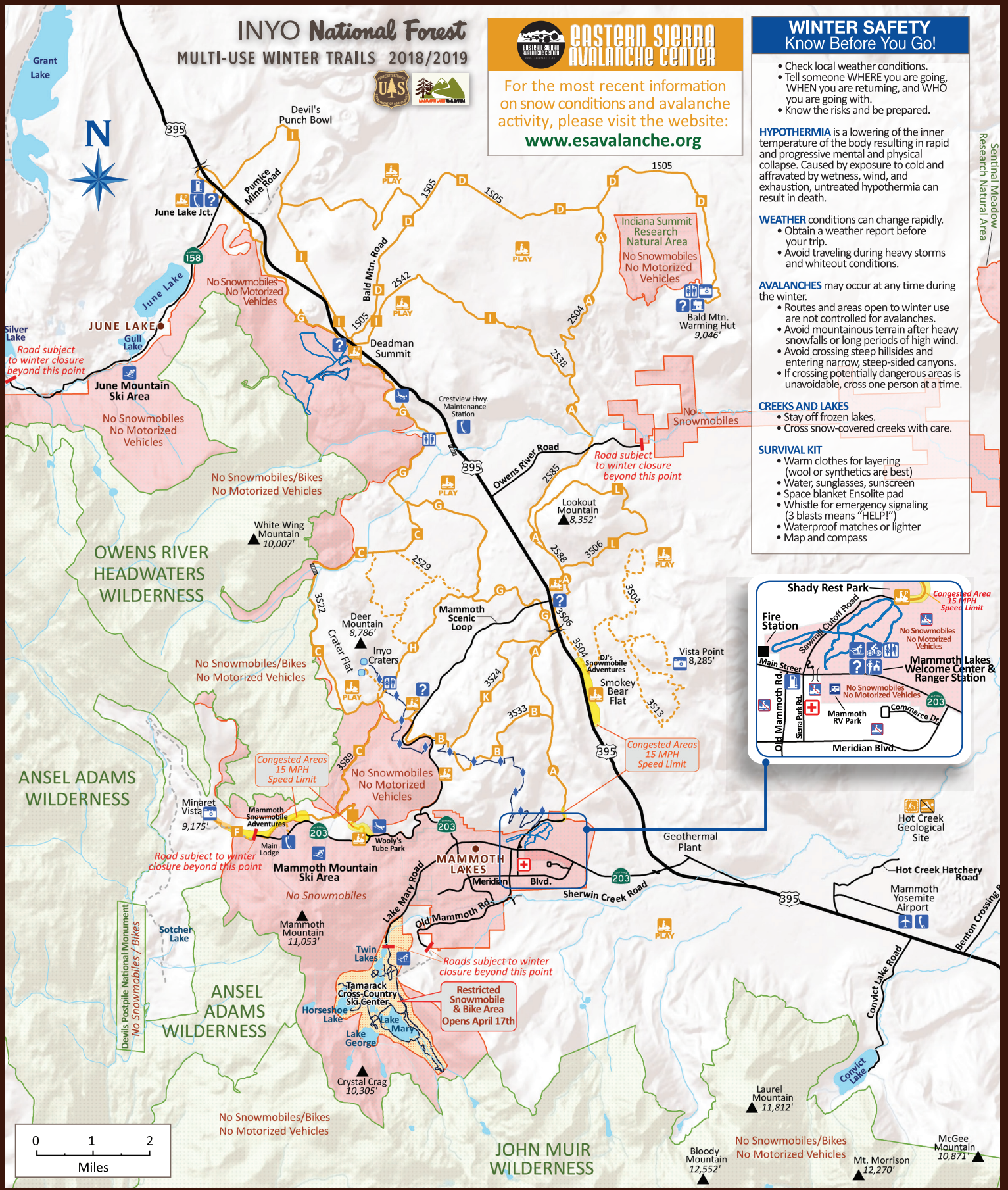
- Routes and areas open to winter use are not controlled for avalanches.
- Avoid mountainous terrain after heavy snowfalls or long periods of high wind.
- Avoid crossing steep hillsides and entering narrow, steep-sided canyons.
- If crossing potentially dangerous areas is unavoidable, cross one person at a time.

CREEKS AND LAKES

- Stay off frozen lakes.
- Cross snow-covered creeks with care.

SURVIVAL KIT

- Warm clothes for layering (wool or synthetics are best)
- Water, sunglasses, sunscreen
- Space blanket Ensolite pad
- Whistle for emergency signaling (3 blasts means "HELP!")
- Waterproof matches or lighter
- Map and compass



Nordic Skiing	Snowmobile Trailhead	Hospital	Tunnel	Multi-Use Groomed Trails Groomed by USFS	Multi-Use Groomed Trails Groomed Under Special Permit	Slow Zones
Alpine Skiing	Snowmobile Play Area	Kiosk	Gates	Streams	Non-Motorized Trails Groomed by USFS or MLTS	Closed to Snowmobiles
Ice Skating	Vista	Restroom	Peaks	Major Roads	Non-Motorized Trails Ungroomed	Lakes Basin Closure
Sledding	Gas	Airport	Bridge	Unplowed Road	No E-Bikes	Wilderness
Hut	Phone	No Snowmobiles	Town		Lakes	