



WHITMORE 50 CHALLENGE



LOOKING FOR A GREAT, SELF-PACED, LOW IMPACT, NO-HASSLE WORKOUT?

Dates: May 8 – September 1

Times: AM Public Lap Swim Monday-Friday 6:30-8:30am

PM Public Lap Swim Tuesday & Thursday 5:30-7:30pm

Cost: Drop-in Fee \$4.85/session OR check out 5 Swim Pass and Season Pass

Info: Pool closed July 4

The **NEW** Whitmore 50 Challenge is a self-directed program intended to encourage swimmers to regularly exercise and track their progress. Participants enter swimming distances on a daily sign-out sheet that is managed and updated by staff. Total distances will be updated weekly and participants recognized when they achieve 10 miles, 25 miles and 50 miles.



Updated every Monday AM
at the Whitmore Pool and on
Facebook 

10 miles: Whitmore Pool Water Bottle
25 miles: 5 Swim Pass (valued at \$22.50)
50 miles: Whitmore 50 Swim Cap and T-shirt
Most miles overall: 2018 Season Pass (valued at \$140)



www.mammothrecreation.com

Contact Parks & Recreation Dept. at (760) 965-3690