

RECREATION THIS WEEK: May 19, 2016

Parks and Recreation Department News...

NEW! SENIOR CENTER PROGRAMMING AT THE COMMUNITY CENTER

Starting June 8, 2016 through June 29, 2016 the Parks and Recreation Department will be offering FREE senior programming on Wednesdays and Thursdays at the Community Center (corner of Minaret and Forest Trail). The schedule is as follows:

Wednesdays:

11am – 12pm: Chair Yoga with Angela
12pm – 1 pm: Luncheon (food will be provided)
1pm – 2pm: TBA Parks & Recreation activity

Thursdays:

5:15pm – 6:15pm: Fitness with Dre (plan to wear comfortable clothing and shoes)

For more information contact (760) 934-8989 ext. 222. Additionally, a cancer support group is now forming. For more information please e-mail: annakate.moore@mammothhospital.com

LAST ZUMBA SESSION ON TUESDAY MAY 24

The Zumba fitness program at the Community Center is ending this Tuesday May 24. The program will return again in the fall, so come try it out next week to see if you like it. This fun and upbeat program is a great way to add cardio to your day, and is a great fit for anyone looking for alternative workout solutions. Zumba is a dance based workout, allowing you to burn calories while getting your groove on. Licensed Zumba instructor Kaysie Williams will be running the program from 5:30-6:30pm for teens and adults. The fee for the class is a \$4 drop in fee per class, and advanced registration is not required. For more information please contact Lindsey Lyon at (760) 934-8989 ext. 222.

LAP SWIM AT THE WHITMORE POOL!

The Parks and Recreation Department is currently running Lap Swim at Whitmore Pool (Benton Crossing Road). While public swim will not start until June 18, we will be offering Lap Swim through Friday, September 2, 2016. Morning public Lap Swim is offered Monday-Friday from 6:30-8:30am. Evening sessions will run on Tuesdays and Thursdays from 5:30-7pm. Please note that Whitmore Pool will be closed on Monday, May 30 and Monday, July 4, 2016 in observance of Memorial and Independence Days. The fees for Whitmore Pool use are as follows:

Daily

Adult: \$4.85
Senior/Youth/Military: \$3.10
Child: \$1.80
Infant: Free w/ Adult purchase

Season Pass

Adult: \$130 early bird/\$140 reg.
Senior: \$110
Youth/Military: \$56.50
Infant: Free w/ adult purchase

5 Swim Pass

Adult: \$22.50
Youth: \$14.25
Child: \$7.50



Infant: Under 1 yr. Adult: 16+ yrs.
Child: 1-6 yrs. Senior: 65+ yrs.
Youth: 7-15 yrs. Military: With ID

All passes may be purchased at Whitmore Pool. For more information, please contact Stephanie Daniel at (760) 934-8989 ext. 237 or sdaniel@townofmammothlakes.ca.gov.

THINKING ABOUT SUMMER ALREADY?

The Parks and Recreation Department is currently taking registrations for our summer camps and programs. While some camps have already filled, there are still spaces available in many of our fun and exciting camps. Visit <https://apm.activecommunities.com/mammothrecreation/Home> to see our summer listings or contact (760) 934-8989 ext. 222 for more information.

LITTLE SLUGGERS T-BALL IS BACK FOR THE SPRING

Recreation Supervisor, John Connolly is currently running the Little Sluggers T-Ball program at the Mammoth Elementary School field. Little Sluggers is an introductory t-ball program for children ages 2-5. The program will run every Wednesday from 5:15-6pm at the Mammoth Elementary School field (behind the Elementary School) through June 8. Come hangout and watch the skills of our little t-ballers!

Also, a quick reminder to parents of current participants, picture night is scheduled for 5 pm on Wednesday, June 1 (earlier than the normal meet time). Please make sure your child wears their team shirt for the group photo!

Recreation News, Events & Activities in Town...

HEALTH AND SAFETY FAIR

Join First 5 of Mono County on Saturday, May 21, 2016 from 10 am to 1 pm for the Health & Safety Fair! This is a free event held at Shady Rest Park (Sawmill Cutoff Road). Come out and learn about various health & safety topics including bike safety, poison prevention, gun safety, and nutrition. While supplies last there will be free bike helmets, hot dogs & fruit, photo booth pictures, carbon monoxide detectors, and children's books (ages 0-5). Free ambulance tours and car seat inspections will be offered as well. Learn about what your community has to offer you, and enjoy a day of play at Shady Rest Park!

For more information contact Molly at (760) 924-7626 or by e-mail at mdesbaillets@monocoe.org.

TOWN CLEANUP DAY

Take pride in your neighborhood and volunteer to help clean-up our town on Saturday, May 21, 2016 from 8:00 am to 2:00 pm. Beginning at 8:00 a.m., drop off your trash, recycling, and green waste at the TOWN CLEAN-UP DAY STATIONS conveniently located throughout town. Stations are located at the Community Center (1000 Forest Trail), Sierra Valley Sites (407 Manzanita), and the Mammoth Disposal Transfer Station (59 Commerce Drive). Information, maps and complimentary bags will also be available for collection from Mammoth Creek Park between 8:00 a.m. and noon.



The Town encourages property owners, renters, community groups, local non-profit organizations, and homeowner associations to engage their constituents and pitch in to clean-up their neighborhood on May 21. For additional information on Town Clean-Up Day, or to arrange for collection of abandoned vehicles, please contact Sherine Sanders at (760) 934-8989 ext. 244. Complimentary bags are now available for collection (max. 5/person) from the Town offices and Mammoth Disposal Transfer Station during regular operating hours. The Town thanks you in advance for taking pride in your community and we'll see you on Saturday, May 21 for Town Clean-Up Day!

OTHER UPCOMING LOCAL EVENTS

5/22: Endangered Species Day at the Mammoth Lakes Visitor Center

- The purpose of Endangered Species Day is to expand awareness of the importance of endangered species and habitat conservation and to share success stories of species recovery. Join us at the Mammoth Lakes Welcome Center for activities and information. Contact Ginnie Chadwick at ginniebeth@me.com for more information.

SNARL PRESENTS: "A CENTURY OF SCIENCE IN YOSEMITE NATIONAL PARK"

The Sierra Nevada Aquatic Research Lab invites the public to attend their free lecture series. Next week's topic is "A Century of Science in Yosemite National Park." The lecture will be held on Tuesday, May 24 from 7:00-8:30 pm. The event will be held at the Page Center at SNARL (1016 Mount Morrison Road) and is not recommended for young children. For more information, please contact Annie Barrett (anne.barrett@ucsb.edu) or Kim Rose (krose@ucsb.edu).

FINAL MAMMOTH AYSO REGISTRATION MAY 25

It's that time of year again! Mammoth AYSO registration will be done both online and at the Mammoth Lakes Public Library on May 25 from 4-7pm. All parents will need to create an account with www.eAYSO.org in order to get registered for the 2016 soccer season. For assistance with the registration process, please attend one of the above registration dates. After you have successfully created an account and registered your child(ren), you will still need to attend registration to pay and sign the town waiver for your registration to be complete. Anyone registered after July 31, 2016 will NOT be eligible to be selected for ALL STARS.

Online registration instructions:

- 1) Go online to eAYSO.org - My eAYSO Begin
- 2) Login (using your email address and password) or click on create an account
- 3) Select new player (to register a brand NEW player) or click on returning player (if your child has played AYSO in the past, even if it's not the most recent season). For a new player be sure to completely fill out all the information that is required, and for a returning player make sure you update any important information (email, phone number)
- 4) We are REGION 316
- 5) Click on EDIT update info as needed, click UPDATE
- 6) Concussion info sheet- scroll down click Continue
- 7) Agreement- scroll down click CONTINUE
- 8) Region info- be sure to read this important information, then click CONTINUE



- 9) Esign- scroll down and check the box and type in your name (parent or guardian over age 18), scroll down and click CONTINUE
- 10) Scroll down to the bottom and click SUBMIT

MONO COUNTY SERVICE AREA 1 COMMUNITY PROGRAMS

Mono County Service Area 1 is currently offering the following fitness and wellness classes in Crowley Lake. If you are a resident within the district the programs are free of charge. If you reside outside of the district (Northwest of the Geothermal Plant or South of Sunnyslopes/Tom's Place), the fee is \$5. All classes (excluding tennis clinics) will be held at the Crowley Lake Community Center.

Spring Tennis Clinics: Intermediate level tennis clinics taught by Kyle Osland. Every Thursday from 4:00-6:00 pm at the Crowley Lake Park. May 19, 26, 2016.

Beginning Fencing: All ages and abilities welcome. Equipment provided. Thursdays from 6:30-7:45 pm. May 26, 2016. Instructed by Rick Stroud.

Cardio Sculpt: Fun body workout for all levels. Must bring your own mat. Mondays 5:30-6:30 pm. May 23, 30, 2016. Instructed by Rachele Jaegers.

Stott Pilates Matwork: Classical Pilates with a contemporary twist. Must bring your own mat. Tuesdays 8:00-9:00 am. May 24, 31, 2016. Instructed by Tessa Coker.

Beginning Ukulele: All ages welcome. Mondays 4:00-5:00 pm. May 23, 30, 2016. *Each class has a \$5 material fee. Instructed by Greg Smith.

Yin Yoga: Must bring your own mat. Thursdays 5:00-6:15 pm. May 26, 2016. Instructed by Tessa Coker.

Mommy Bootcamp: Bring your kids to play while getting a full body workout. All levels. Kids 0-10 welcome. Tuesdays 10:00-11:00 am. May 24, 31, 2016. Instructed by Rachele Jaegers.

For more information contact Isabel at (760) 935-4089 or isbxoxo@gmail.com. Or by visiting <http://www.monocounty.ca.gov/csa1>

2016 EASTSIDE VELO GROUP BIKE RIDES

Eastside Velo (the Mammoth Lakes cycling club) has organized their list of group rides in the Eastern Sierra through October. All rides are open to the public and are scheduled as follows:

- 6/5: Bridgeport Ride
- 6/18: Pettigrew's Crowley Lake Ride
- 7/2: Hawthorne Ride at Mono Lake Park
- 7/17: Triple Bypass
- 7/31: June Lake Ride
- 8/14: Reverse Century
- 8/28: Juniper Springs Ride



9/10: Mammoth Gran Fondo
9/24: Fendon's Pool Party
10/8: Benton Hot Springs Ride
10/22: Bristlecone Ride

Annual membership is \$35 and gives you access to all of the group rides. Non-members are welcome with a \$15 day use charge. Eastside Velo also offers weekly summer training rides every Wednesday at 5:15 pm. The summer training rides will meet at the Green Church (Benton Crossing Road). To RSVP for rides or to find out more information, visit www.eastsidevelo.org.

FRIENDS OF THE INYO HORSE MEADOWS EXPLORATION

Friends of the Inyo and the Sierra Club Range of Light Group are leading an exploration of the northern half of the Ansel Adams Potential Wilderness Addition (PWA), also known as "Horse Meadows" in Mono County this Saturday, May 21, 2016. This will be a 50/50 auto/hiking tour. The trip will begin at Bohler Canyon and check out recovery since the recent burn. Next, the group will use the USFS connector route to upper horse meadows with stops along the way into the PWA. They will visit upper horse meadows, then lower horse meadows on the way out to highway 395 where the trip will end. Friends of the Inyo is looking for people with 4WD vehicles to drive. The trip will meet at 9am and end by 2pm. Please RSVP to jora@friendsoftheinyo.org and let her know if you can drive or will need to ride with someone else.

SIERRA CLUB EVENTS AND MEETINGS

May - Range of Light Group Outings/Meetings

May 22: Hilton Lakes Trail (Crowley) to Davis Lake; 10-12 mi roundtrip; strenuous. Well-behaved dogs welcome. Meet at 9am at Eastside Bakery off of 395. Contact Lisa (720-238-2581, lgbuckley@gmail.com).

May 29: Hike O'Harrel Canyon (near Glass Mountain). Possible trip to Glass Mountain summit depending upon group interest. Panoramic views of the canyon and Sierra Mountains along a stream, meadow, and in open terrain. Cross-country hiking required; well-behaved dogs welcome. Meet at 8am at Mammoth Lakes Union Bank. Contact Melissa (760-937-0499, melissas1@verizon.net).

OUTINGS AND DESTINATIONS MAY CHANGE DUE TO UNFORSEEN WEATHER CONDITIONS. ABOMINABLE WEATHER WILL CANCEL AN OUTING. IF IN DOUBT, PLEASE CONTACT LEADER AHEAD OF TIME.

CURRENT RECREATION JOB OPPORTUNITIES

- Aquatic Site Coordinator
- Gymnastics/Tumbling Instructor
- Sports Officials
- Lifeguards
- Volunteers

Upcoming & On-Going Events...

- ON-GOING Zumba Fitness (last day May 24)
- ON-GOING Little Sluggers T-Ball (last day June 8)
- ONGOING Lap Swim at Whitmore Pool
- June 2 Adult Stroke Improvement classes begin at Whitmore Pool
- June 13 School's Out Camp (Child & Youth)
- June 18 Whitmore Pool and Mammoth RecZone Grand Opening-FREE ADMISSION!
- June 20 Adult Softball pre-season begins
- June 20 Swim School Opens for the season (group and private lessons)
- June 20 Climbing Camp I (MiNi'S, Child, Youth)
- June 21 Drop-in Adult Tennis Sessions begin
- June 21 Adult Tennis Camp & Social begins
- June 22 Wave Rave Skate Camp I (MiNi'S, Child, Youth)
- June 27 Climbing Camp II (MiNi'S, Child, Youth)
- June 27 UK Soccer Camp I (MiNi'S, Child, Youth)
- June 29 Wave Rave Skate Camp II (MiNi'S, Child, Youth)